

The Esthetics program will provide the students with the knowledge and skills necessary for all aspects of nail and skin care including manicures, pedicures, nail extensions, nail art and treatments, skin care and treatments, make-up artistry and hair removal. The program will provide the students with theory and practical training on mannequins and real clients in a new well-equipped salon facility.

A student interested in enrolling in the esthetics major should be in good health and have good physical stamina. This industry is not only mentally, but physically challenging. Long hours will be spent sitting, standing, bending, reaching and repeating the same motions. If a student has a bad back or weak knees this course is not recommended. Students must have good vision and hearing (normal or corrected); be non-allergic to chemical solutions; be able to read directions; be friendly and congenial with customers and fellow students.

There are two combined trades in this program:

In **Section 1 Nail Technology (4 credits)** courses the students will:

- Basic of Chemistry, Anatomy, Physiology and Infection Control
- Perform manicures and pedicures on fellow students and clients
- File and shape nails, remove cuticle and callus, massage
- Removes and applies nail enamel/semi-permanent polish to nails
- Perform manicure and pedicure treatments-paraffin, hot stone and spa
- Applies artificial nail enhancements-gel, acrylic and fiberglass temporary nail tips
- Decorate clients' nails with designs and attach ornaments to nails
- Prepare for provincial practical exam



Students interested in the Nail Technician accreditation option must:

- **Attain an accumulated average of 70% or more in both the Theory and Practical components of the Nail Technician program**
- **Complete all of the Practical and Theory assignments/tests required by Apprenticeship Manitoba**
- **Complete the required 400 Technical Training hours**
- **Register with Manitoba Apprenticeship through an Apprenticeship Agreement**

The required, 1000 practical training hours can be acquired through the High School Apprenticeship Program (HSAP) -evening/weekend/summer work.

In **Section 2 & 3 Skin Care Technology (8 credits)** courses the students will:

- Basics of Anatomy, Physiology, Dermatology, Histology, and Infection control
- Assess each client's skin condition and appearance to recognize diseases and disorders
- Demonstrate proper cleansing, exfoliation, and perform extractions for facial treatments and product knowledge
- Provide cosmetic massages and body treatments
- Correct skin problems using facial machines-high frequency, steamer, galvanic and more
- Perform day-time, evening, bridal and dramatic make-up and advise client
- Remove unwanted hair using depilatory methods



Students interested in the Esthetician accreditation option must:

- **Attain an accumulated average of 70% or more in both the Theory and Practical components of the Esthetician program**
- **Complete all of the Practical and Theory assignments/tests required by Apprenticeship Manitoba**
- **Complete the required 1064 Technical Training hours**
- **Register with Manitoba Apprenticeship through an Apprenticeship Agreement**

The required, 3200 (1600 in each level) practical training hours can be acquired through the High School Apprenticeship Program (HSAP) -evening/weekend/summer work.